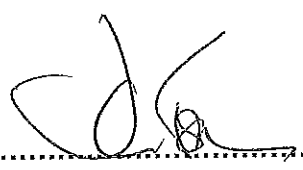


ANNEX A

REGULATION 28: REPORT TO PREVENT FUTURE DEATHS (1)

	<p style="text-align: center;">REGULATION 28 REPORT TO PREVENT FUTURE DEATHS</p> <p>THIS REPORT IS BEING SENT TO:</p> <ol style="list-style-type: none">Seaton & Colyton Medical Practice [REDACTED] 148 Harepath Road Seaton Devon EX12 2DUNorthern, Eastern and Western Devon Clinical Commissioning Group Newcourt House Old Rydon Lane Exeter EX2 7JU
1	<p>CORONER</p> <p>I am John G. Tomalin, Deputy Coroner for the coroner area of Exeter and Greater Devon.</p>
2	<p>CORONER'S LEGAL POWERS</p> <p>I make this report under paragraph 7, Schedule 5, of the Coroners and Justice Act 2009 and regulations 28 and 29 of the Coroners (Investigations) Regulations 2013.</p>
3	<p>INVESTIGATION and INQUEST</p> <p>On 31 July 2015 I commenced an investigation into the death of Jessica Mary BIRKHEAD aged 30 years. The investigation concluded at the end of the Inquest on 20 May 2016.</p> <p>The conclusion of the Inquest gave a Medical Cause of Death of:</p> <p><i>"1a. Acute Hepatic Necrosis (probably due to Paracetamol toxicity) and Pregabalin overdose."</i></p> <p>The Narrative Conclusion was given stating:</p> <p><i>"Jessica Mary BIRKHEAD died on 28 July 2015 from Acute Hepatic Necrosis (probably due to Paracetamol toxicity) and Pregabalin overdose, a drug not prescribed for her, at a time when her judgement was impaired as a result of her existing medical conditions".</i></p>

4	<p>CIRCUMSTANCES OF THE DEATH</p> <p>Mrs Birkhead was born with Down's Syndrome (mosaic variety) and associate learning difficulties. She also suffered from a depressive illness, with possible psychosomatic symptoms secondary to psychosocial stressors.</p> <p>On the 28th July 2015 Jessica's husband called emergency services when he found his wife unconscious. Jessica was taken to the Royal Devon & Exeter Hospital where she died at 14.40 hours the same day. The pathologist concluded Jessica had ingested a large quantity of Paracetamol but was uncertain as to whether this was potentially a build-up of that drug over a prolonged period. She had also ingested a large number of Pregabalin tablets, a drug not prescribed for her, but her mother-in-law who lived in the same household.</p>
5	<p><u>CORONER'S CONCERNS</u></p> <p>During the course of the Inquest the evidence revealed matters giving rise to concern. In my opinion there is a risk that future deaths will occur unless action is taken. In the circumstances it is my statutory duty to report to you.</p> <p>The MATTERS OF CONCERN are as follows. –</p> <ol style="list-style-type: none"> 1. Although Jessica had been referred to a Consultant Psychiatrist in learning disability, the other support services offered to Jessica were main stream adult services, Jessica's mother, a GP, is of the view that they were not equipped to deal with someone of Jessica's intellectual disabilities. 2. Perhaps Jessica's case could be looked at to consider the appropriate pathway for others in the future in a similar situation to Jessica to give appropriate support and care at a level appropriate taking into account any learning difficulties and associated medical problems.
6	<p>ACTION SHOULD BE TAKEN</p> <p>In my opinion action should be taken to prevent future deaths and I believe you and your organisation have the power to take such action.</p>
7	<p>YOUR RESPONSE</p> <p>You are under a duty to respond to this report within 56 days of the date of this report, namely by 28 July 2016. I, the Coroner, may extend the period.</p> <p>Your response must contain details of action taken or proposed to be taken, setting out the timetable for action. Otherwise you must explain why no action is proposed.</p>

8	<p>COPIES and PUBLICATION</p> <p>I have sent a copy of my Report to the Chief Coroner and to the following Interested Persons:</p> <p>1. [REDACTED] (Husband of Deceased)</p> <p>I am also under a duty to send the Chief Coroner a copy of your response.</p> <p>The Chief Coroner may publish either or both in a complete or redacted or summary form. He may send a copy of this report to any person who he believes may find it useful or of interest. You may make representations to me, the coroner, at the time of your response, about the release or the publication of your response by the Chief Coroner.</p>
9	<p></p> <p>Signed John G. Tomalin HM Deputy Coroner</p> <p>Dated this 2nd day of June 2017</p>