

Regulation 28: Prevention of Future Deaths report

James Forryan (died 29.10.2021)

	<p>THIS REPORT IS BEING SENT TO:</p> <p>(1) Rt Hon Gillian Keegan MP (Minister for Care and Mental Health) House of Commons London SW1A 0AA</p> <p>(2) Professor [REDACTED] Director of the National Inquiry into Suicide and Safety in Mental Health University of Manchester Oxford Road Manchester M13 9PL</p>
1	<p>CORONER</p> <p>I am: Edwin Buckettt Assistant Coroner Inner North London Poplar Coroner's Court 127 Poplar High Street London E14 0AE</p>
2	<p>CORONER'S LEGAL POWERS</p> <p>I make this report under the Coroners and Justice Act 2009, paragraph 7, Schedule 5, and The Coroners (Investigations) Regulations 2013, regulations 28 and 29.</p>
3	<p>INVESTIGATION and INQUEST</p> <p>On the 8th November, 2021 Assistant Coroner Sarah Bourke began an investigation into the death of James Forryan who died aged 29, on the 29th October, 2021 at the Novotel Hotel, 40 Marsh Wall, London E14.</p> <p>The investigation concluded at the end of the inquest on 15th March, 2022 conducted by myself, Assistant Coroner Edwin Buckettt.</p>

	<p>I made a determination at inquest that the deceased died as a result of suicide which was caused by him deliberately taking a poisonous quantity of pentobarbital medication.</p>
<p>4</p>	<p>CIRCUMSTANCES OF THE DEATH</p> <p>James Forryan was a young man with a mild history of depression and anxiety.</p> <p>On the 28th October 2021 he checked into a hotel in London and took at least [REDACTED] the fatal dose of pentobarbital medication which caused his death on the 29th October 2021 whilst staying at that hotel.</p> <p>The post-mortem and toxicology evidence revealed that his death was caused by a pentobarbital overdose.</p>
<p>5</p>	<p>CORONER'S CONCERNS</p> <p>During the course of the inquest, the evidence revealed matters giving rise to concern. In my opinion, there is a risk that future deaths will occur unless action is taken. In the circumstances, it is my statutory duty to report to you.</p> <p>The MATTERS OF CONCERN are as follows.</p> <p>Evidence was given that:</p> <ol style="list-style-type: none"> 1. James had accessed a forum on the internet known to promote suicide. That website and the forum discussions attached to it provided advice and guidance on: <ol style="list-style-type: none"> (i) Appropriate drugs/medication which would produce a terminal result; (ii) Which drugs were most effective; (iii) How they should be taken; (iv) How they could be purchased; (v) End of life planning. 2. James was careful and methodical in the actions he took to end his life. He appeared to follow some guidance on the steps to take from a "handbook" which the family believe was generated from a suicide promoting website and his decision to acquire the pentobarbital medication was informed by the that website. 3. The suicide promoting website appeared to act as a trigger in his decision to take his own life. <p>I am concerned that:</p>

	<p>(a) There are websites and forums which openly promote and advertise methods of suicide which are easily accessible;</p> <p>(b) Suicide is the largest cause of death for individuals in the UK under the age of 35 and James Forryan is within that age bracket;</p> <p>(c) There does not appear to be sufficient regulation or enforcement action against such websites which promote criminal offences and/or harmful content.</p>
6	<p>ACTION SHOULD BE TAKEN</p> <p>In my opinion, action should be taken to prevent future deaths and I believe that you and/or your organisation have the power to take such action.</p>
7	<p>YOUR RESPONSE</p> <p>You are under a duty to respond to this report within 56 days of the date of this report, namely by 27th May 2022. I, the coroner, may extend the period.</p> <p>Your response must contain details of action taken or proposed to be taken, setting out the timetable for action. Otherwise you must explain why no action is proposed.</p>
8	<p>COPIES and PUBLICATION</p> <p>I have sent a copy of my report to the following.</p> <ul style="list-style-type: none"> • HHJ Thomas Teague QC, the Chief Coroner of England & Wales • [REDACTED], the parents of James Forryan. <p>I am under a duty to send the Chief Coroner a copy of your response.</p> <p>The Chief Coroner may publish either or both in a complete or redacted or summary form. He may send a copy of this report to any person who he believes may find it useful or of interest. You may make representations to me, the coroner, at the time of your response, about the release or the publication of your response by the Chief Coroner.</p>
9	<p>DATE 18.3.2022</p> <p>SIGNED BY ASSISTANT</p> <p>CORONER</p>

	Edwin Buckett
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