

In the South London Coroner's Court

Inquest touching the death of Darren Mindham

Report to Prevent Future Deaths (*Coroners (Investigations) Regulation 28*)

	<p>THIS REPORT IS BEING SENT TO:</p> <p>Advisory Council on the Misuse of Drugs</p>
1	<p>CORONER</p> <p>I am Selena Lynch senior coroner for the coroner area of South London</p>
2	<p>CORONER'S LEGAL POWERS</p> <p>I make this report under paragraph 7, Schedule 5, of the Coroners and Justice Act 2009 and regulations 28 and 29 of the Coroners (Investigations) Regulations 2013. http://www.legislation.gov.uk/ukxi/2013/1629/regulation/28/made</p>
3	<p>INVESTIGATION and INQUEST</p> <p>On 2nd September 2015 I commenced an investigation into the death of Darren Mindham. The investigation concluded at the end of the inquest on 14th April 2016. The conclusion of the inquest was that he died from acute pentobarbital intoxication having self-administered pentobarbital at home some time on 28th August 2015 while suffering from depression. The conclusion as to the death was one of suicide.</p>
4	<p>CIRCUMSTANCES OF THE DEATH</p> <p>Mr Mindham worked as an assistant in a veterinary practice. The evidence suggested that he removed a bottle of pentobarbital from the drugs cupboard at a former employer and kept it at home before using it to take his life some months later.</p>
5	<p>CORONER'S CONCERNS</p> <p>During the course of the inquest the evidence revealed matters giving rise to concern. In my opinion there is a risk that future deaths will occur unless action is taken. In the circumstances it is my statutory duty to report to you.</p> <p>The MATTERS OF CONCERN are as follows. –</p> <p>Pentobarbital is a drug that is found in Schedule 3 of the <i>Misuse of Drugs Regulations 2001</i>, and is therefore not subject to the strict control found in Schedule 2. Whilst there may be practical difficulties in complying with stricter control, the use of pentobarbital in suicide has become commonplace. It has been shown that reducing access to the means of suicide can be effective in reducing the rate of suicide.</p>
6	<p>ACTION SHOULD BE TAKEN</p> <p>In my opinion action should be taken to prevent future deaths and I believe you have the power to take such action. I previously sent a report to the Secretary of State for Health, and enclose a copy of his response.</p>

7	<p>YOUR RESPONSE</p> <p>You are under a duty to respond to this report within 56 days of the date of this report, namely by 11th October 2016. I, the coroner, may extend the period.</p> <p>Your response must contain details of action taken or proposed to be taken, setting out the timetable for action. Otherwise you must explain why no action is proposed.</p>
8	<p>COPIES and PUBLICATION</p> <p>I have sent a copy of my report to the Chief Coroner and to the following Interested Persons:</p> <p style="padding-left: 40px;">The family of Darren Mindham Albavet Limited Vets4Pets Blackheath</p> <p>I have also sent it to the Veterinary Medicines Directorate, and the Royal College of Veterinary Surgeons who may find it useful or of interest.</p> <p>I am also under a duty to send the Chief Coroner a copy of your response.</p> <p>The Chief Coroner may publish either or both in a complete or redacted or summary form. He may send a copy of this report to any person who he believes may find it useful or of interest. You may make representations to me, the coroner, at the time of your response, about the release or the publication of your response by the Chief Coroner.</p>
9	<p>DATE 15th August 2016 <i>Deena Lyman</i> SIGNED BY CORONER</p>