

Annex 1

IN THE FAMILY COURT
Sitting at Ipswich

Case No: CM21F92324

1. On 17 June 2022 this court committed the following named person to prison

⁽²⁾ **Paul Adrian Cavanagh**

2. In relation to an undertaking dated

5 November 2021

3. which provided that the Respondent/Defendant should not

i) send any communications to the Applicant or the Applicant's family members (including Children of the Marriage) or any third parties, whether by phone, spoken word, text message, email or social media, which contains any inappropriate content relating to the marriage, the divorce, the financial arrangements, the sale of the property, child maintenance or any other topic which is inappropriate to share with the children or third parties and should remain confidential between the Applicant and Respondent. The Respondent will also not instruct or encourage any other person to do so.

ii) intimidate, harass or pester the Applicant or the Applicant's family members including the Children of the Marriage, or friends in any way and must not instruct, encourage or in any way suggest that any other person should do so.

iii) attempt to communicate with the Applicant, except by letter from his legal representatives to the Applicant's solicitors or by email in connection with arrangements for contact with the children only.

4. the court found that he had breached the undertaking by

i) on 23rd November 2021 sending an email to Applicant stating, among other things, that she has "made it impossible for me to have anything to do with any of my children without fear of being locked up on a fabricated story" and that she has "destroyed my relationship" with their youngest son

ii) on 29 November 2021 sending a further email to the Applicant, trying to persuade her to agree to sell the home and suggesting that if the sale does not go through, he will have to "go bankrupt and lose everything we've worked for"

iii) on 3 December 2021 posting a message to the family WhatsApp group (in which all of the children were included) saying that it will be the "1st Christmas since mum took you away"

iv) On 29 December 2021 posting publicly on Facebook "so much hurt.... nastiness lies questions confusion debt and non communication..... if people decide to go their separate ways and agree to be "mutual" why can't that happen ????"

v) On 29 December 2021, following the earlier public post on the same day, engaging in numerous public communications with various people on Facebook including his Father. The posts discussed the divorce, the separation and the sale of property and included that his words "are twisted and used against [him]", that his name has been "blackened" and there have been so many "lies". He concluded the communications with "if I get arrested for telling the truth then the world is BS". The public breach of the undertaking was knowing and despite a clear warning from his father to stop.

5. and imposed the following sentences for those breaches)

breach	Sentence
i)	i) 5 weeks imprisonment
ii)	ii) 5 weeks imprisonment, concurrent
iii)	iii) 5 weeks imprisonment, concurrent
iv)	iv) 5 weeks imprisonment, concurrent
v)	v) 5 weeks imprisonment, concurrent

6. Accordingly it was ordered that Paul Adrian Cavanagh

be committed for contempt to Her Majesty's Prison at⁽³⁾ Chelmsford for a (total) period of 5 weeks or until lawfully discharged if sooner. The order is suspended until 17 June 2023 and will not be put into force if during that time⁽²⁾ Paul Adrian Cavanagh complies with the following terms:

i) acting in compliance with the undertakings given to the court on 5 November 2021

District Judge Mills
17 June 2022

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